Employment Opportunity
Nature Based Mental Health Counselor

Reference No. TWT-KWUN-NBMHC-1121

PURPOSE: Reporting to the Kwun'atsustul Mental Health Manager, the Nature Based Mental Health Counsellor will provide individual, group and family counselling services to Cowichan community members within a multi-disciplinary environment. In addition to clinical services, the Nature-Based Mental Health Counsellor will work collaboratively to develop and coordinate programs and services. This is a full-time permanent position working outdoors in land-based addictions treatment programming and providing general counselling services in the office, and remotely via video conference. Some evenings and weekends are required.

RESPONSIBILITIES:

Provide Individual / Group Counselling:

- Facilitate culturally appropriate healing and recovery utilizing contemporary approaches in the following areas: health and well-being; intergenerational trauma and healing, family counselling, and addiction recovery support;
- Perform clinical services such as intake, assessment, treatment, crisis intervention and other related tasks;
- Provide general counselling services, including but not limited to low barrier, harm reduction and counselling support to individuals, couples, and families;
- Facilitate outpatient addictions programing and groups;
- Develop treatment plans based on client's assessment;
- Lead, develop and facilitate individual or group therapy sessions, mental wellness classes and workshops;
- Conduct formal evaluations and debriefing with participants and staff;
- Maintain professional competency through continued professional development and clinical supervision;
- Liaise with internal and external service providers to support community members in accessing resources, including medically supported substance misuse treatments;
- Complete accurate and timely case documentation as required;
- Collaborate with the Kwun'atsustul Manager in scheduling counselling caseloads to meet program standards.

Administrative Support:

- Participate on an interdisciplinary team in the development, implementation and evaluation of services;
- Attend team and departmental meetings and engage in a variety of committees, working groups and events;
- Ensure proper case management, which includes: organizing notes, following up with clients, attending internal / external program meetings and file management;
- Other related duties as required.

EDUCATION AND EXPERIENCE: ***(Please attach all required documents)***

- 2-3 years' experience in a mental health/substance use environment with First Nations community members;
- Experience with nature based and outdoor therapy and counselling methods;
- Bachelor's in Psychology, Child and Youth Care, Social Work or other related field required;
- Masters' in Counselling, Psychology, Child and Youth Care or Social Work preferred;
- Valid Class 5 BC Drivers' license and reliable vehicle;
- Certified in First-Aid / CPR-R;
- Criminal Record Check is required;
- Effective December 1, 2021: full vaccination against COVID-19 is required to be eligible for employment at Cowichan Tribes. All individuals must show Proof of Vaccination as a mandatory condition of their employment.

SKILLS, KNOWLEDGE, AND ABILITIES:

- Understanding of the legacy of intergenerational trauma, its complexity;
- Knowledge of, or willingness to learn, about Cowichan Tribes history, culture, traditions and values;
- Ability to work collaboratively and in accordance with the Cowichan Teachings;
- Understanding of current addictions treatment and research;
- Proficient in current assessment, psychotherapy, and bio-psychosocial counselling techniques;
- Experienced in planning, preparing and leading dynamic interactive group sessions;
- Community-centered, team-oriented and ability provide excellent service to the community;
- Knowledge of external/ internal community resources;
- Sound judgement, tact, diplomacy, and consensus building skills;
- Ability to work effectively and collaboratively in a demanding and dynamic work environment.

HOW TO APPLY: Interested applicants are invited to submit a resume cover letter and three references. Applications must be sent to Human Resources by email before the deadline, with the Reference Number in the subject line.

Reference No. TWT-KWUN-NBMHC-1121
Cowichan Tribes Human Resources Department
Email: resume@cowichantribes.com
Website: http://www.cowichantribes.com/employment
Deadline: **Tuesday November 23 at 4:00 p.m.**

Pursuant to section 41 of the BC Human Rights Code, preference may be given to applicants of Aboriginal Ancestry
Only shortlisted candidates will be contacted