

To: Chief and Council

From: Stephanie Charlie

April 18-20 – FNHA Island Caucus meeting; Nanaimo, BC

Attached are my notes on the presentation. Main points from the breakout session and in-camera:

- Motion made with a list of item to forward to the Health Council to move the work on the Social Determinants of Health work plan forward.
 - During the in-camera I did stand up to speak on behalf of Cowichan Tribes. I do not have a copy of the motion that was made but 3 of my points were included in the multiple point motion. The motion was displayed on the screen for us to vote but was not provided in hard copy during the meeting.
 - The motion is a work plan for the leadership Council to follow moving forward in completing this plan.

FHHA Island Caucus meeting – April 18-20, 2018

Nanaimo, BC

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| Day 1 – April 18, 2018 |
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1. Pharmacare transition – October 1, 2017

- Plan is fully paid plan and is the first payer of prescriptions drug benefits and many over the counter products for FNHA clients
 - If clients are having trouble than give FNHA a call to understand and help address issue
 - People can call if they are required to pay and work will be done to fix that and get the drug immediately
- One of the largest complaints was the lack of communication prior to the transition to Pharmacare. Lessons learned:
 - Communicate over a longer period of time
 - Greeter efforts to reach others away from home
 - Better communication with providers
 - Ensure health benefits support line is adequately resources to support higher call volumes
- Moving forward want to work better with the community. Get to the communities to discuss priorities.
 - Communication needs to be sooner and longer time frame
 - Work to build a network of “change champions” to help move change forward

Phase 2 – dental, vision and medical supplies and equipment

- Will get a 3rd party partner to help design this plan and manage the transition
- Regional team will work together to look for the person to build the community communication team and get the work with communities going

Engagement ideas/guide

- How can we go through engagement in each region – specific to the communities not a blanket approach?
- Events, social media, focus groups

Next steps

- Building communication packages, regional communication plans, sharing information about opportunities to work together.

Mental Health and wellness

- Opportunity to demonstrate progress and share knowledge on wise and promising practices
- Culturally safe access support
 - Priorities:
 - Appropriate access

- Traditional
- Facilitated wellness across the continuum
- Preventative work
- Youth and wellness
- Develop the framework now and bring back to caucus in the fall

Overdose Crisis Response – what has been heard

- Stigma and racism
- Educate hard to reach population about drug use/harm reduction
- Not enough resources, long waitlists, lack of appropriate resources
- barriers to access resources
- Lack of indigenous specific resources
- Lack of services for the urban population.
- Prevent people who overdose from dying
- Keep people safe when using
- Create an accessible range of treatment options – for people stuck in the drug use cycle?
- Enabling the opioid response strategy.
- need copy of the action plan

Island Health Opioid Response

- identify and Project Director at each office to work on this issue
- Framework or action
 - Support people on their healing journey
 - Support an accessible range of treatment options
 - Make treatment available – no waitlists when people need this immediate help
- Keep people safer when using
 - Safe consumption sites – 5 on the island now
- Prevent those who overdose from dying
- Community action teams (Victoria, Duncan, Nanaimo, Port Alberni, Campbell River)
- How do we work together in communities that do not have CAT?

Partnership Accord

- May 8th meeting there will be a presentation on the full report.
- Primary Care – priorities are mental health and wellness and maternal health and wellness
- Community crisis response under mental health and wellness (suicide & opioid responses)
 - 9 overdose places on the island
 - response goal is to make those looking or accessing services feel safe.
 - Harm reduction – 21 overdose kits providers on the island
- Vancouver Island steering committee not to discuss community response
- Domestic Violence training

- Sexual abuse task force is underway
 - Community crisis response protocol is under review to fix areas based on feedback
- Accomplishments
- Looking at an elder in residence program in the hospitals. Will do a pilot and then try in more hospitals
 - Traditional wellness – group formed to help guide this work. Partnership with Island Health and UBC. Elders did most of the speaking at the two meetings – one in Cowichan and one in Campbell River. Goal now is to move to action.

Primary Care work

- Accessible, useful, culturally respectful
- Better understand from the nations what primary care means to them and what they need.
- Improve links to primary care and all the services once you have accessed primary care
- Ensure access is timely and there are options in how people access care (via web visits)

Goal: Ensure that Health and Wellness Services meet the needs of First Nation patients and their families

Outcome: First Nation's perspectives on health and wellness are respected and supported in all aspects of health care service delivery and design.

Day 2 – Status Update - April 19, 2018

Role of FNHA

- Increase investments
- Nation based planning – assist communities who might need help to build capacity to engage with community etc
- Building community capacity – supports needed to develop solutions
- Building partners – assist communities to build these relationships.

Next steps:

- Support healing as part of the reconciliation and building nation to nation relationships with government

Debate started on how we are moving forward – meeting went in camera.

Motion made with a list of items to forward to the Health Council to move this work forward. Wording of motion and list to be provided following the meeting.

Health Directors Perspective on social Determinants of Health

- As workers for the community will continue to advocate
- Always asked to do more with not enough resources
- Need to work together to address issues – provide better services
- Address the health issues by working towards prevention – need to move to proactive
- Holistic wellness that address poverty, poor housing options, prevention
- Need to find ways to work collaboratively with all communities to better serve members

Mental Health and wellness report

- Read out report in package
- Balance our minds and spirits youth gathering
- Domestic Violence Capacity Training
- Mental Health and Wellness Team
- Enhance the availability of, and access to, mental health and wellness services, with special emphasis placed on improving prevention-based services in community.
- After hours community response programs for immediate response

Reviewed the Proposed Partnership Model

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| Day 3 – April 20, 2018 |
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Day 3 started with a cultural performance by the youth from Gwa'sala – 'Nakwaxda'xw

- The community has developed a cultural singing and dancing group

What's next for the island caucus?

- Setting sub-regional priorities (as in the In-Camera)?
- Tools and Resources needed?

Group break out to discuss the draft 10-year plan – summary to be provided by FNHA.