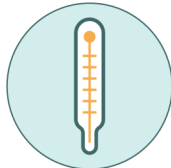


# COVID-19 Symptoms? Get Tested!



**Tl'utl'its' s-hets'um**  
(Shortness of breath)



**Huy'qw-thut**  
(Fever)



**hwel'shum' muqsun**  
(Runny nose)



**'a'kw'ulhnuh**  
(Difficulty breathing)



**suyum shhwuthqun**  
(Sore throat)



**taqw'um**  
(Cough)

**For the self-assessment tool and full list of symptoms**

Go to <https://bc.thrive.health>

**If the self-assessment advises a COVID-19 test**

**Call: 1-844-901-8442** (8:30 am—4:30 pm) to book an appointment. You will be asked to leave your name and #.

Location: ICBC Claim Centre 5151 Polkey Rd Duncan BC

By appointment only. Mouth Rinse and Gargle Test is available.

Find more information at <http://covid-19.bccdc.ca/>

**Do Not Ride Share. Drive yourself, call a taxi or Ts'ewulhtun Health for transportation (250) 746-6184.**

**You must wear a mask!**

**Quick and Easy!**

Get your COVID-19 Test results by Text

<https://results.bccdc.ca/>