



# Circle of Security<sup>®</sup>

## PARENTING SERIES

Presented by: Nancy James, BSW, RSW, Circle of Security Facilitator

Sponsored by: United Way Central and Northern Vancouver Island

Location: 200 Cowichan Way

Dates: Every Thursday for 8 weeks

Time: 12:00 – 4:30 starting March 15, March 22, March 29, April 5, 12, 19 and 26, 2018

Who should attend: Moms, Dads, Grandparents, Aunties and Uncles, Expectant Moms, Caregivers and Foster Parents

How to register: Please call Arlene or Chris at 778 422 3122

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## Parenting and Beading, Culture and Healing

This group will combine culture and healing. We will learn how to bead and learn about strengthening your relationship with your child.

At times all parents feel lost or without a clue about what our child might need from us. Imagine what it might feel like if you were able to make sense of what your child was really asking from you. The Circle of Security<sup>®</sup> Parenting™ program is based on decades of research about how secure parent-child relationships can be supported and strengthened.

### **Learning Objectives of the Training:**

- Understand your child's emotional world by learning to read the emotional needs
- Support your child's ability to successfully manage emotions
- Enhance the development of your child's self esteem
- Honor your innate wisdom and desire for your child to be secure

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This will be an seven week program. We will combine culture and healing. John harry will teach beading and parenting will begin after the meal.

Elders will be present to share teachings, Meal will be provided. No transportation or child minding.