

Kwun'atsustul Counselling Presents...

Culture is Healing: Violence Prevention

What: 4 Groups in four week blocks from September 2017 to March 2018

When: Tuesday mornings from 10-2

Where: Kwun'atsustul Counselling Offices - 200 Cowichan Way

Why: Prevent, Promote, Empower, and Enhance self-worth of members impacted by violence

November 7, 14, 21, and 28: Drumming and Singing/
Communications

January 9, 16, 23, 30: Knitting and Weaving/Self-Esteem

February 6, 13, 20, 27: Painting/Honoring Grief

March 6, 13, 20, 27: Finish what you started

Call now:

Arlene Jimmy-Joe

778-422-3122

LIMITED SEATS AVAILABLE

- ✓ ***Respect & Communication***
- ✓ ***Trust & Support***
- ✓ ***Honesty & Fairness***
- ✓ ***Self identity***

