



## Employment Opportunity

Job Title: Kitchen Assistant  
Department: Ts'ewulhtun Health Centre  
Classification / Hours: Part-Time, Permanent (49 hours bi-weekly, must be willing to work flexible hours)  
Salary Range: \$17.85 - \$21.32 per an hour  
Reports to: Kitchen Manager

*Cowichan Tribes is the largest First Nation band in British Columbia comprised of seven tradition villages: Kw'a'mutsun, Qw'umiyiqun', Xwulq'w'selu, S'amuna, Lhumlhumuluts', Xinupsum and Tl'ulpalus. We have delegated responsibilities to provide Cowichan members services in child and family services, health, housing, membership and social development.*

Ts'ewulhtun Health Centre promotes a strong and healthy community. In the spirit of cooperation and from the wisdom of our elders, we put into practice traditional and non-traditional ways to achieve an emotional, spiritual, mental and physical well-being. The Quw'utsun Sul-hween (Elders) Kitchen provides meals to our Sul-hween who attend the in the home and community care day program. By merging tradition and nutrition, the program is now able to offer locally certified and harvested 'Ey'h (crab), Skwlhey' (clams), and Thuqi' (Sockeye Salmon) to our Sul-hween.

As a Kitchen Assistant, you will help plan and prepare meals, uphold health and safety standards and provide excellent customer service. In order to be successful in this role you must have the physical stamina to carry out the required duties, have good communication skills, be a team-player, able to multi-task and possess some knowledge of cooking, sanitation and food prep procedures.

The role is expected to perform a variety of tasks in the following areas:

1. Prepares Lunches for Elders
2. Maintains Kitchen Cleanliness and Service Areas as per Accreditation Standards
3. Engages in Food Prep, Menu Planning and other related tasks

Our ideal candidate successfully meets the following qualifications:

- 1 years' experience cooking and preparing food for large groups, preferably in a health care setting or other similar environment
- Completion of high school at minimum or a Culinary Certificate preferred; a combination of education and experience will be considered
- Minimum class 7 (N) driver's license required. A photo copy of license must be included with application in order to be considered.
- Food Safe certification and Criminal Record Check. Please attach documents with your application.
- First-Aid / CPR and WHMIS is considered an asset

*Interested applicants are invited to submit a current resume and a detailed cover letter clearly stating how you meet the qualifications listed in the job posting. Please reply to the undersigned, quoting the reference number and position title.*

**Attention:** Reference No. TWT ELD KA 0718  
Human Resources Department, Cowichan Tribes

**Email:** [resume@cowichantribes.com](mailto:resume@cowichantribes.com)

**Website:** <http://www.cowichantribes.com/employment>

**Deadline:** Tuesday, July 31, 2018 @ 4:00 p.m.

*Pursuant to section 41 of the BC Human Rights Code, preference may be given to applicants of Aboriginal ancestry.  
We thank all applicants in advance but only those selected will be contacted.*