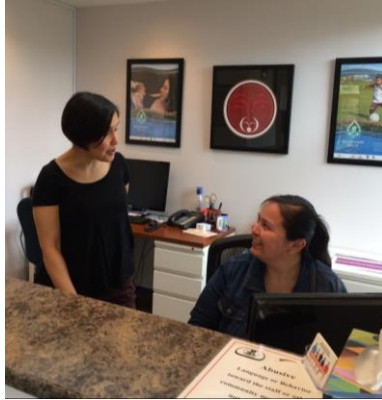


## Slhexun sun'ts'a' Clinic

Slhexun (medicine)

sun'ts'a' (a group of people doing something as one)

Our team includes **you as an active partner** in setting your own health goals.



We continue to grow and currently have a great team of health professionals to support you on your journey.

- Health Coaches
- Dietitians
- Nurses
- Physicians
- Nurse Practitioners
- Medical Office Assistant

### Ts'ewulhtun Health Centre

5768 Allenby Road

Duncan, B.C. V9L 6P4

**Phone: 250-715-3322** Fax: 250-715-3321

Email: [clinic@cowichantribes.com](mailto:clinic@cowichantribes.com)

Hours: Monday to Friday: 8:30 – 4:30 Tuesday: 8:30 – 7:00 Closed: 12 – 1 p.m. for lunch

## OUR SERVICES

- Community members who join the **Slhexun sun'ts'a' Clinic** will receive the same services that they would at their family doctor. They will also receive enhanced care and the strong support of our diverse team.
- **Our team is made up of doctors, nurse practitioners (who can provide many of the same services as doctors), nurses, health coaches, dietitians and other health professionals.**
- A typical appointment will include a visit with a doctor or nurse practitioner, a health coach, and other professionals depending on your needs.
- **A health coach will visit with you and support you before, during, and after your appointments.**

## GETTING STARTED

- The Slhexun sun'ts'a Clinic is a place where you can access most of the health care services you need - all in one location.
- If you are interested in joining the clinic, a health coach will provide you with all of the information you need to make that decision. They will also assist you in the transfer of your medical records if you decide to make the Slhexun sun'ts'a Clinic your "medical home."
- If you have any questions about our services we encourage you to give us a call.

## YOUR WELLBEING

- Honouring your story and cultural safety is important to us. So is your right to make your own decisions.
- Our health coaches will provide you with the information you need to learn about your health care options so that you can make better-informed decisions about how to nourish your roots of wellness.
- We can help you navigate the range of resources and services available to you within our health centre as well as the larger health care system.
- Our team will respect your privacy and confidentiality.